

PARK GRANGE MEDICAL CENTRE NEWSLETTER

New repeat prescribing policy

All GP practices in Bradford are now adopting a new initiative recommended by the CCG where pharmacies are no longer able to order repeat prescriptions on your behalf

This is in order to promote understanding about taking your medicines and taking ownership of re-ordering, with a hope this will reduce medicine wastage.

Please note that any patients who are vulnerable and may need additional support will still be able to reorder their repeat prescriptions (either from the practice or from the community pharmacy).

Please contact us if you have any concerns

TB screening

If you have visited a high risk country for tuberculosis (TB) such as Pakistan, India, Bangladesh, any African country etc for 6 months or more in the last 5 years then please contact us at reception.

We can arrange free TB screening for you

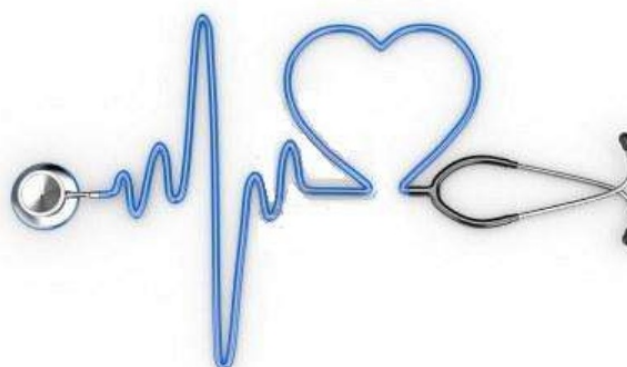


Patient Online Access

Patients have been telling us that they are ready and want to take more control of their own health and wellbeing. Digital technology has the power to change the relationship between patients and their GP practice, just as it has changed our relationships in other walks of life, such as managing our finances or shopping. It can make services more convenient, personal and efficient.

We are encouraging all patients to sign up for online access, which allows you to book your appointment, order your repeat prescriptions and retrieve your health record online

To sign up for online access, please speak to the reception team to complete the online access form. Please ensure you bring proof of ID and proof of address.



PHARMACY FIRST >>>

Pharmacy First

NHS Bradford City CCG have decided from January 2017, the Pharmacy First scheme will no longer be available for adults.

The scheme is still available for children and parents should still continue to consult a pharmacist first for children with minor ailments.

Smoking Cessation

Our smoking cessation clinic is held every Tuesday afternoon from 1pm to 4pm

If you are interested in stopping smoking, please contact the surgery for appointment

**STOP
SMOKING**



Gluten-free foods

NHS Bradford City CCG has recently carried out a public consultation into prescribing gluten-free (GF) foods for patients diagnosed with coeliac disease, and have decided to stop this prescribing for patients of all ages.

GF products are widely available from all supermarkets and are sold to the public at prices that are considerably lower than the NHS is charged when bought for use on prescription.

If you have any queries or concerns about this change in prescribing, please contact the CCGs by e-mail (BradfordCCGsPatientSupport@bradford.nhs.uk) or write to: Patient support manager, NHS Bradford City and NHS Bradford Districts CCGs, Douglas Mill, Bowling Old Lane, Bradford BD5 7JR.

Cervical screening awareness event

- Every day in the UK **9 women** are diagnosed with cervical cancer
- **3 women** lose their lives from the cervical cancer every day
- Cervical cancer is their **most common** cancer in women aged 35
- **75%** of cervical cancers are prevented by **cervical screening** (smear tests). Unfortunately 1 in 4 women do not attend this potentially life-saving test

Park Grange Medical Centre is holding an event on the 9th February 11 to 12pm raising awareness for smear testing

Please do attend and share the event with your friends and family