

PARK GRANGE MEDICAL CENTRE NEWSLETTER

Electronic Prescribing System (EPS) now live

If you collect regular prescriptions, EPS can save you time by avoiding trips to the surgery.

Using EPS, we can send prescriptions electronically to your local pharmacy. This means you'll no longer have to collect a paper prescription and can go straight to your nominated pharmacy to collect your medications.

For more information, please see our reception team.



Free Wi-Fi - coming soon!

Our surgery will soon have free Wi-Fi installed throughout the whole building for use by patients and visitors.

We hope that this will improve your experience during visits to our surgery and allow you to make use of online services.



Flu jab - book in now!

Flu vaccination is available every year **free on the NHS** to help protect adults and children at risk of flu and its complications.

Flu can be unpleasant, but if you are otherwise healthy it will usually clear up on its own within a week.

However, flu can be more severe in certain people:

- anyone aged 65 and over
- pregnant women
- children & adults with underlying health conditions (such as long-term heart or lung problems)
- children and adults with weak immune systems

Please book in at reception for your flu jab or just to enquire if you are eligible for a free flu jab on the NHS.



Online access update

Since our last newsletter, over 10% of patients have signed up for online access and are already benefitting from booking appointments, ordering repeat prescriptions and viewing their health record online.

To sign up for online access, please speak reception to complete the relevant forms. Please ensure you bring proof of ID and proof of address.



New multi-faith prayer room available

Our new room has now been constructed to allow our patients to spend time in meditation, contemplation or prayer during surgery visits.

We welcome any feedback or suggestions for improvement.



Make use of your new self-assessment room

Your new self-assessment room is now available. This includes an automated blood pressure monitor, height and weight station. The room will also contain health promotional posters and leaflets.

We hope this will positively impact on your experience during your visit to the surgery. It could also save time by allowing you to measure your height, weight and blood pressure prior to an appointment. This will allow more time during each consultation to be spent discussing your concerns rather than performing these routine measurements.

Join our Patient Participation Group

We are always looking for new members for our Patient Participation Group (PPG).

The practice holds a patient PPG drop-in clinic every Wednesday 1pm to 2pm.

Please bring forward your ideas and suggestions on how to improve the practice services and experience (refreshments are provided)

For any queries, please contact the Practice Manager, Rahela Parveen (01274 522904, rahela.parveen@bradford.nhs.uk)