

Horton Primary Care Network Newsletter

PCN Update

As some of you may already be aware one of our senior pharmacist Richard Cheung is leaving us after 4 years for pastures new, he will be leaving us in September, we would like to take this opportunity to wish him all the best in his future.

“As I embark on a new chapter in my journey, I wanted to take a moment to express my gratitude to you all, in particular to Dr Gilkar. Your support, mentorship, and guidance have been invaluable to me during my time here. I am grateful for the opportunities to learn and grow. I will miss this remarkable team. Thank you once again for everything.” - Richard



75 YEARS OF THE NHS!

The NHS was founded on the 5th July 1947, by Aneurin Bevan, making the UK's beloved health service 75 years old in July! When it was founded, the NHS was the first universal health system to be available to all, FREE at the point of delivery.



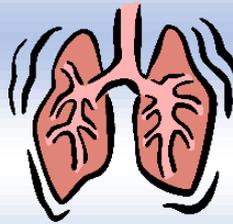
World lung cancer day 1st August 2023

World Lung Cancer Day takes place each year on 1st August, and it is dedicated to lung cancer awareness and the promotion of overall lung health.

Lung cancer is the third most common cancer in the UK!

Early signs of lung cancer can include:

- A nagging cough that gets worse with time
- Coughing up blood/ blood in the sputum
 - Persistent chest pain
 - Shortness of breath
- Fast and unexplained weight loss



Prevention:

- Quit smoking: Smoking is the common cause
- Avoid passive smoking
- Avoid carcinogens at work: stay away from harmful chemicals

New Lung Cancer screening roll out to detect cancer sooner.

The prime minister and Secretary for Health and Social Care have announced they will be rolling out a lung cancer screening programme designed to catch cancer sooner or prevent it altogether. The first phase of the scheme will reach 40% of the eligible population by March 2025. Please see more information in the link below:

[New lung cancer screening roll out to detect cancer sooner - GOV.UK \(www.gov.uk\)](https://www.gov.uk)

Enhanced Access Services



L1 Diabetes Review 18+

Book via remote booking

Thursdays 11:30-14:30

Bloods must be booked 2 weeks prior to appointment.

Face to face Only Paediatric

Clinic Book via remote booking

Monday-Friday 15:30-17:30

Over 5's Bloods

Book via remote booking

Mondays 12:30-15:30

Physiotherapy Triage

Book Via remote booking

Thursday and Saturday 10:00-13:00

Out of hours Clinics:

Book via remote booking

- **Smear clinic-** Monday and Friday 6:30pm-9:30pm
- **Face to face GP Clinic-** Mon/Wed/Thurs 6:30pm-9:30pm Saturday 1:00pm- 5:00pm
- **16+ Bloods** – Mon/Tue/Thur 6:30pm-9:00pm Saturday 9:am-11:00am



Day in the life...



Rukia Begum – Pharmacy Technician

As a technician my role varies with the more experience I gain, the more confident I get and taking on bigger projects I have recently joined primary care network and my daily responsibilities consist of reauthorising repeat medications, level 1 med reviews, setting up repeat dispensing and dealing with acute queries such as... medication prescription requests from appliance companies and pharmacies. Dealing with out of stock medications. I have also recently been introduced into handling clinical/discharge letters. I work for 4/9 of the practices in PCN 6, this has helped me to gain confidence in my role by being independent.



Adam Fenton- Network Operations Officer

I typically start the day by reviewing emails and prioritizing tasks for the day ahead. I attend meetings with healthcare professionals, stakeholders, and partners to discuss upcoming or ongoing projects and initiatives to enhance patient care and access.

Throughout the day, I engage in strategic planning, analysing healthcare data, and identifying areas for improvement within the network.

I regularly work with the wider PCN team offer logistical and IT support, which may include creation of reports, managing the flow of incoming referrals or simple things such as helping the team with their day to day tasks.

A significant portion of my day involves addressing operational issues, such as managing ongoing projects and resolving problems for the PCN team.

We want your feedback!



We would love to hear your thoughts on this edition of the PCN newsletter.



<https://www.surveymonkey.co.uk/r/3YZP3M9>