

## PARK GRANGE MEDICAL CENTRE 141 Woodhead Road Bradford BD7 2BL

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Wednesday 12 October 2023

Dear Parent / Guardian,

## Your child's annual flu vaccination is now due.

Flu vaccination provides the best protection against a virus which infects many people and can cause serious illness and death each year. Children aged 2 to 7 years old are among those most at risk of flu.

All pre-school children aged 2-3 years (on 31<sup>st</sup> August 2023) will be vaccinated at their general practice. If you have older children already at school they will be offered vaccination in school if they are eligible.

## Please phone your practice to book an appointment for your child's flu vaccination.

The vaccination is **free** and recommended every autumn for those most at risk of flu. You don't need to wait until a complete year has passed since your child's last flu vaccination before booking for the next one.

The vaccination is usually given as a nasal spray and most children do not need to have an injection. The vaccine has an excellent safety record.

It is really important that your child gets this vaccination to protect them and also prevent them from passing flu onto vulnerable friends or family members.

Kind regards

Dr Junaid Azam GP Partner

For more information visit: https://www.nns.uk/conditions/vaccinations/cniid-fiu-	
vaccine/	

## **Protect yourself, protect others**

If you are not sure if your child has had all their routine vaccinations, check their personal health record (Red Book) or contact the GP surgery. It is never too late to have your child immunised.

For a checklist of vaccines and the ages at which they should ideally be given visit www.nhs.uk/vaccinations