

Horton Primary Care Network

Newsletter

PCN Update

Horton PCN has opted out of the Covid-19 vaccination delivery programme eligible patients can book vaccinations via - [Book, cancel or change a COVID-19 vaccination appointment - NHS \(www.nhs.uk\)](https://www.nhs.uk).

Each practice is holding their own flu clinics for the seasonal vaccinations.

The FOCUS Pilot is now up and running and practices will be asked to provide feedback in November of their progress.

Community Partnership Proposal:

This proposal intends to engage with patients from multigenerational families who are not attending the Practice in person. This will aim to ensure that these patients receive the care they need such as vaccinations, cervical screening, ensuring patients are up to date with smoking cessation, bowel screening and diabetes. A similar model has been used in Slough and has seen a significant increase in patients re-engaging with the surgery.

This application has been submitted and practices will be updated in due course.

Recruitment

There are no open vacancies within the PCN at present.

Meet the PCN team!

Liz Knowles: Operational support manager for City Health: Provides support for the PCN with recruitment, staffing and finances as well as many other roles.

Phil Edwards: Data Quality Manager

Network Operations officer: Adam Fenton

Care coordinator: Courtney Mitchell

Mental Health practitioner: Craig Walsh

Health and Wellbeing coach: Helen Wilkinson

Social Prescriber: Rehana Tabassum

Pharmacy team!

Senior Clinical Pharmacist – Victoria Walker

Pharmacy technician- Rukia Begum

Clinical Pharmacist: Anisha Akhtar

Clinical Pharmacist: Yosef Kidane-Mariam

Clinical Pharmacist: Wajid Ali

Clinical Pharmacist: Farah Hussain

Clinical Pharmacist: Tahiba Dad

Physician Associates!

Takunda Manjanja

Adhnan Iqbal

Asad Khan

Ifra Hussain

Roshni Hussain

Najmin Razvi

GP Assistants!

Kitan McKinlay-Olaifa- Kensington Street Surgery/ Dr Gilkar

Sandrine Ake Kensington -Street Surgery/ Dr Gilkar

Ansa Nisar -Parkside Medical Practice

Bethanie Dixon- Bradford Student Health

Olufunso Abimbola- Park Grange Medical Centre

Christine Cripps- Dr I.M Raja & Partner

Bernadetta Szaboova- Frizinghall Medical Centre

Hear from our staff!

Here is what one of our Physician Associates have to say....



My name is Takunda Manjanja , one of the Physician associates . I work closely with the GP's to help diagnose , treat and manage conditions in the community. Patients may see me if they have a medical problem or are looking for some lifestyle advice. Because I work with the Doctors it means that I can regularly review patients with them to ensure the highest patient care.

After my first degree in Biomedical Material sciences , which covered the basics of medical sciences . I did a 2 year masters degree at Manchester University which built on the previous knowledge and applied it into the medical model of working. As part of my training I spent 2 years in hospitals studying and training in different specialities including General Practice.

I have enjoyed working in the PCN for the last 18 months and enjoy the variety of patients that I come across. I look forward to seeing many more of patients and helping you with their aches and pains!



Case studies

Health and wellbeing coach:

Presenting: *Patient A*

Individual was referred into the social prescribing service directly from a clinician, **due to low mood, social isolation, low confidence, feeling like a failure.**

Outcome: After a lengthy initial consultation with the social prescriber this patient was reassigned to the health and wellbeing coach as it was discovered the patient required assistance in helping changing their mindset and coaching through the negative thoughts they were feeling at the time. As this patient was also struggling with their mental health, after a weekly meeting with the mental health practitioner this patient was in the shared care of the Mental health practitioner and the Health and wellbeing coach. With the support of both these services this patient is now in a much better place within themselves they have been referred to secondary care mental health team and have continuous support from the Health and wellbeing coach at present.

Social Prescriber:

Presenting: *Patient B*

Individual was referred to the Social Prescriber due to not passing her 'Life in the UK' test due to their poor eyesight. The initial referral was for the patient to be signposted to an English support class.

Outcome:

Upon the first consultation with the social prescriber it became known they were unable to attend the English classes due to their deteriorating ill health. The social prescriber worked with the GP to do a supporting letter documenting their illness then they got in touch with the patient's solicitor to pardon them for not taking the test. This patient eventually got their visa, with indefinity stay in the UK. The social prescriber also helped with PIP forms and other benefits and helped the patient to claim for the last 2 years.

Influenza vaccination

It is that time of year again!

Practices have rolled out seasonal Vaccinations for those eligible. Invitations have been sent on nationally via the NHS text messaging service.

Research shows that last year alone 22,404,707 people had their NHS flu vaccination.

Flu can be serious, hospitalising around 6,000 under 5s last year, so parents/carers are urged to make sure their children are protected by booking their vaccine appointment.

Who is eligible for the vaccine?

- Everyone aged 65 years and over
- All pregnant women, at any stage of pregnancy
- All children aged 2 and 3 years
- All children in primary school
- Everybody who resides in a care home
- Everybody who receives carers allowance, or are the main carer for disabled person
- All those living with someone who has lowered immunity due to a disease or treatment
- All frontline health and social care workers



Referrals

Over the past few months emails have been sent to staff requesting when clinicians are referring patients to the Non-clinical intervention team referrals are sent via the city health module and not via task to the staff member on the practice module. If staff members are unsure of how to do this please discuss with Courtney Mitchell (Care coordinator) who will be happy to send you referral instructions etc. Courtney.mitchell@bradford.nhs.uk

April-Present update:

187 Patients have been referred directly to the non-clinical intervention team to be triaged

77 patients referred directly/indirectly to the Mental health practitioner.

234 Patients referred directly/indirectly to Health and wellbeing coach and the Social Prescriber.

The non-clinical intervention team conduct weekly meetings hosted by the care coordinator to see where each member of staff is with their referrals/waiting list etc, and to discuss patient cases that may be in their shared care.



We want your feedback!



We would love to hear your thoughts on this edition of the PCN newsletter.



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