

# Horton Primary Care Network Newsletter

## **PCN Update**

Since the last newsletter the PCN have recruited a new pharmacist, Anisha Akhtar she will be working alongside Frizinghall, Parkside and Dr Raja's practices, previously Anisha has worked as an outpatient and inpatient pharmacist within a hospital setting.

The PCN will have a meeting on the 14<sup>th</sup> June to work up and submit access plan as part of the DES.

All PCN practices have been invited to send their staff on a care navigation training on the 20<sup>th</sup> June.

## **Safeguarding Week**

**19<sup>th</sup>-23<sup>rd</sup> June 2023**

Safeguarding Week 2023 will be week commencing 19<sup>th</sup> June until 23<sup>rd</sup> June. The theme for this year is 'Safeguarding is everybody's business'.

Bradford council are hosting a number of events this month, including Raising awareness- 'Your past can shape the person you become' and many more, please see the link below:

[Safeguarding Week Events 2023 | Bradford Council](#)



## Non-Clinical Intervention Team

The non-clinical intervention team is made up of four individual roles all of which are funded by the Additional Role Reimbursement Scheme.

### **Care Co-ordinator-** Courtney Mitchell

The care co-ordinator works within the PCN to provide administrative support for the members of the PCN. Within the Non-clinical intervention team, they are in charge of triaging referrals between each team member, they manage acceptance and discharges for each members caseload.

Currently Courtney is working closely with several practices to help establish the Patient Participation Group (PPG), she has set up a patient satisfaction survey on behalf of each of the practices all of which are now live, each practice will have received their personal surveys via email. If any practices would like support on the PPG and are not already getting it please contact Courtney directly.

Courtney also carries out administrative duties such as reports for the pharmacy team and the screening uptake for the newsletter etc.

### **Social Prescriber –** Rehana Tabassam

Rehana's role is to signpost patients into services they may find beneficial. For example if a patient was referred to the Social Prescribing service for loneliness/isolation, after a discussion with the social prescriber referrals would potentially be made into a befriending services or well-being café/group dependant upon the individual. Rehana also works closely with the Health the non clinical team and if she feels a patient needs extra support she will discuss with the team and the team will triage the patient to the most suitable team member.

### **Health and Wellbeing Coach –** Helen Wilkinson

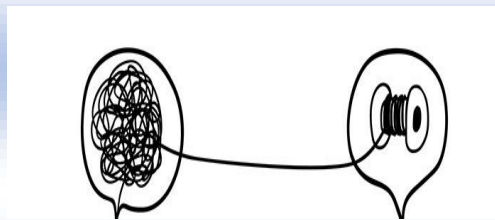
Health and wellbeing coaches work as a key part of the primary care network (PCN) multi-disciplinary team. Their role is to consider the whole patient when addressing existing issues and encouraging the proactive mindset of an individual, as well as promoting lifestyle changes.

### **Mental Health Practitioner –** Craig Walsh

In the PCN the role of our Mental health practitioner varies dependent upon the patient. They will act as a first contact mental health worker, undertaking triage, short assessments, brief interventions, and reviews. If a patients mental health seems to be severe the MHP is also able to refer them direct to secondary care.

## Day in the life...

**Helen Wilkinson –  
Health and Wellbeing Coach**



Working as a Health and Wellbeing coach in the PCN is a rewarding role. I work with patients who need support and encouragement to play an active role in managing their own health and wellbeing.

I partner with patients to offer a holistic plan tailored to their unique needs and preferences. I mainly offer a telephone service and will continue working with a patient for as long as it is useful to do so. This service works well for patients who are on waiting lists for clinical mental health support, who would like to try social prescribing but need more one to one support, who have a long-term physical health condition that they struggle to manage, who have social needs that impact on their ability to manage their health and wellbeing effectively and many other social and emotional situations. The service works because it is personalised to the patient and enables them to have a greater degree of input and confidence in maintaining their wellbeing independently, reducing unplanned access to clinical settings.

# Cervical Screening Awareness Week



Every year, during cervical screening awareness week many different organisations raise awareness and share important information surround cervical screening (smear tests). Many women tend to avoid having their smear tests due to many different reasons however in Bradford figures have shown that every area in Bradford CGC is missing smear test results targets.

Age 25-49					
Registered practice	Patients Eligible	Done	WTD	% Completed	
Dr I.M.Raja & Partner	575	512	63	89.04%	
Park Grange Medical Centre	432	366	66	84.72%	
Grange Medical Centre	911	729	182	80.02%	
Frizinghall Medical Centre	480	366	114	76.25%	
Parkside Medical Practice	568	415	153	73.06%	
Little Horton Lane MC	1293	890	403	68.83%	
Clarendon Medical Centre - Manningham Site	1262	846	416	67.04%	
Kensington Street Surgery	696	417	279	59.91%	
Bradford Student Health Service	1812	914	898	50.44%	
Age 50-64					
Registered practice	Patients Eligible	Done	WTD	% Completed	
Dr I.M.Raja & Partner	226	216	10	95.58%	
Frizinghall Medical Centre	192	178	14	92.71%	
Grange Medical Centre	339	305	34	89.97%	
Little Horton Lane MC	371	317	54	85.44%	
Bradford Student Health Service	75	62	13	82.67%	
Parkside Medical Practice	209	169	40	80.86%	
Park Grange Medical Centre	146	116	30	79.45%	
Clarendon Medical Centre - Manningham Site	373	290	83	77.75%	
Kensington Street Surgery	247	192	55	77.73%	

Please see above live screening reports as of 02/06/2023.

**We want your feedback!**



**We would love to hear your thoughts on this edition of the PCN newsletter.**



<https://www.surveymonkey.co.uk/r/3YZP3M9> f